



**"STAY FIRE SMART!
DON'T GET BURNED."**

Fire Safety Checklist

- Hot food is always placed in the center of the table.
- Bath and shower water is no higher than 100 degrees.
- Food cooked in a microwave is allowed to cool before eating.
- Grown-ups blow out lit candles when they leave the room.
- Portable space heaters are turned off whenever a grown-up leaves the room or goes to sleep.
- Things that can burn are at least three feet from anything that can be hot.
- A grown-up always stays in the kitchen whenever food is cooking on the stovetop.
- All smoke alarms work when tested by a grownup every month.
- There is a smoke alarm on every level of the home and inside every bedroom.
- Our family has practiced our home fire escape plan.

DEAR PARENT OR CAREGIVER:

Every year, the National Fire Protection Association (NFPA) sounds the alarm about keeping our homes and our kids safe from fire. Fire Prevention Week 2009 – October 4-10 – broadens the scope of safety, teaching kids to **"Stay Fire Smart! Don't Get Burned."**

This year's campaign focuses on preventing devastating burns while keeping homes safe from the leading causes of fire.

As you know, burns are painful. In extreme cases, they can result in serious scarring and even death. By taking caution in our homes to ensure that the curling iron is out of children's reach or that pot handles are turned away from the edge of the stove, such injuries are entirely preventable.

In the classroom, we are focusing on ways to prevent and treat burn injuries, as well as the leading causes of home fires and home fire deaths.

It is my job as an educator not only to ensure that your children get a well-rounded education, but also that they are on the cutting edge of safety. I hope that you will join me in this endeavor by putting Fire Prevention Week messages into action to help your family "Stay Fire Smart! Don't Get Burned."

For more
information visit
firepreventionweek.org
sparky.org

Developed by the NFPA
1 Batterymarch Park, Quincy, MA 02169

The name and image of Sparky® are trademarks of the NFPA.

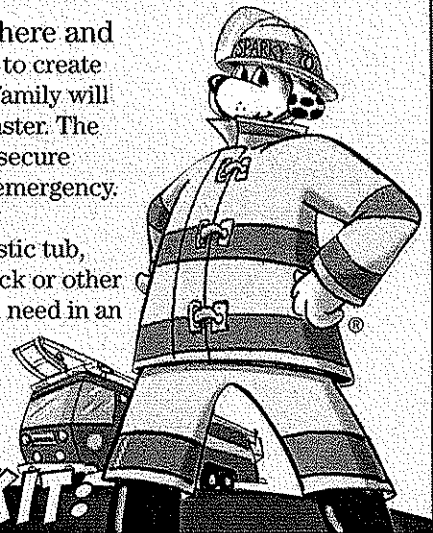




GET READY!

Disasters can happen anywhere and at any time. By taking the time to create an emergency supplies kit, your family will be prepared in the event of a disaster. The kit also helps children feel more secure knowing it is there in case of an emergency.

The supplies can be kept in a plastic tub, small suitcase, trash can, backpack or other container. To learn what else you need in an emergency supplies kit, go to www.ready.gov.



Sparky® is a registered trademark of the NFPA.

EMERGENCY SUPPLIES KIT:

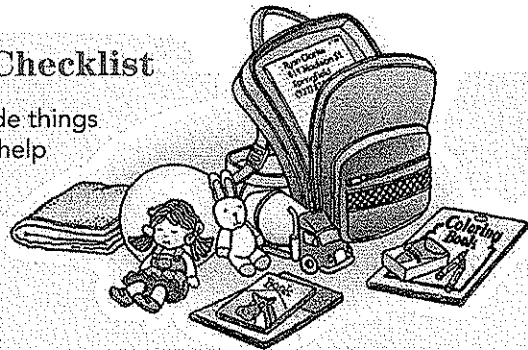
- Water – one gallon per person per day for drinking and sanitation — store 3-day supply
- Ready-to-eat food, canned juices, comfort/stress foods — at least a 3-day supply
- Battery-powered or hand-cranked radio and a NOAA weather radio, and extra batteries for both
- Flashlights and extra batteries
- First aid kit
- Non-prescription drugs such as pain reliever, anti-diarrhea medication, antacid, laxative
- Prescription medications, contact lenses and supplies, denture needs
- Whistle to signal for help
- Infant formula and diapers, if you have an infant
- Water and pet food if you have pets
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Dust mask or cotton t-shirt to filter the air
- Plastic sheeting and duct tape to shelter-in-place
- Wrench or pliers to turn off utilities
- Can opener for food
- Aluminum foil
- A jacket or coat, hat and gloves
- A complete change of clothing including long pants, long sleeve shirt, and sturdy shoes stored in a waterproof container.
- Sleeping bag or warm blanket for each person
- Rain gear
- Mess kits, paper cups, plates and plastic utensils
- Cash or traveler's checks, change
- Paper towels
- Tent
- Compass
- Matches in a waterproof container
- Signal flare
- Paper, pencil
- Personal hygiene items
- Soap
- Disinfectant and household chlorine bleach
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container. Remember to include emergency contact numbers.
- Passport, bank account numbers, credit card account numbers and companies
- Books, games puzzles, portable music device

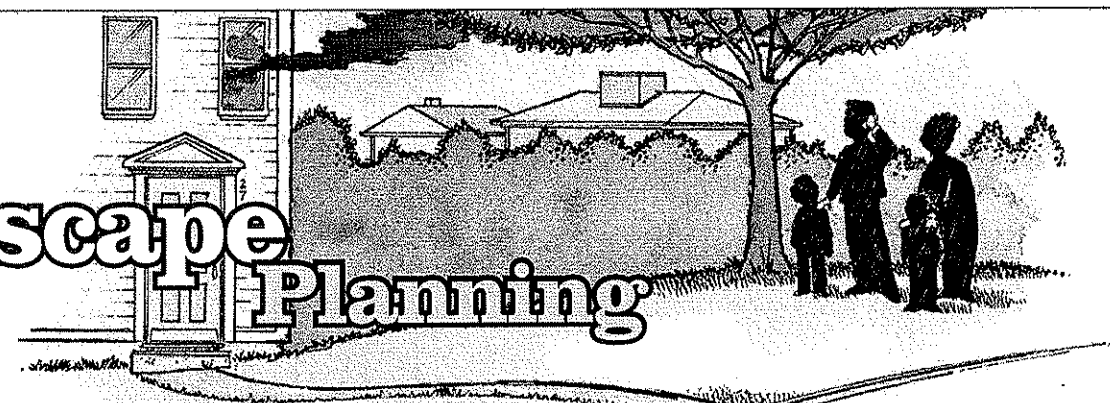
NOTE: Replace food every six months. Re-think your kit and family needs once a year. Replace batteries and update clothes, etc.

My Personal Pack Checklist

Have children create their personal pack. Have them include things like their favorite book or stuffed animal. These familiar things will help keep them comfortable during an emergency.

- ✓ Change of clothes
- ✓ Blanket
- ✓ Books
- ✓ Favorite toy
- ✓ Paper, pencils and crayons





Escape Planning

Plan Ahead. If a fire breaks out in your home, you may have only a few minutes to get out safely once the smoke alarm sounds. Everyone needs to know what to do and where to go if there is a fire.

SAFETY TIPS

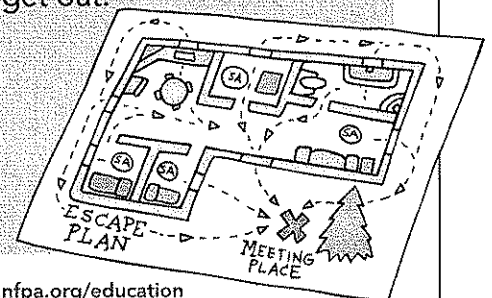
- »» DRAW a home escape plan and discuss it with everyone in your home.
- »» PRACTICE the plan at night and during the day with everyone in your home, twice a year.
- »» KNOW at least two ways out of every room, if possible. Make sure all doors and windows leading outside open easily.
- »» HAVE an outside meeting place (like a tree, light pole or mailbox) a safe distance from the home where everyone should meet.
- »» PRACTICE using different ways out.
- »» TEACH children how to escape on their own in case you can't help them.
- »» CLOSE doors behind you as you leave.

IF THE ALARM SOUNDS...

- »» If the smoke alarm sounds, **GET OUT AND STAY OUT**. Never go back inside for people or pets.
- »» If you have to escape through smoke, **GET LOW AND GO** under the smoke to your way out.
- »» **FEEL** the knob and door before opening a door.
- »» **CALL** the fire department from outside your home.

FACTS

- ❗ According to an NFPA survey, only **one in four** Americans have actually developed and practiced a home fire escape plan.
- ❗ While **66%** of Americans have an escape plan in case of a fire, only **35%** of those have practiced it.
- ❗ **One-third** of American households who made an estimate thought they would have at least 6 minutes before a fire in their home would become life-threatening. The time available is often less. And only **8%** said their first thought on hearing a smoke alarm would be to get out!



Your Source for SAFETY Information

NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169

www.nfpa.org/education